



CHUAN
Spa

Menu of Services



Chuan Spa at The Langham Huntington, Pasadena

Chuan Spa at The Langham Huntington, Pasadena has been designed to create an ambience of tranquility for both contemplation and inspiration. In Chinese culture, flowing water is seen to be the source of life and balance; a key to keeping mind, body and soul in check. In Chinese, the word Chuan means a serene course of water and the Chuan facilities are modelled to reflect this harmony by using the principles of Feng Shui. Chuan Spa at The Langham Huntington, Pasadena creates a wonderful haven away from the outside world, embracing a natural aesthetic with interiors of soft and calming hues. The exclusive treatment facilities include a hot tub, sauna, steam room and showers which, alongside The Langham's exceptional service, makes Chuan the place to rediscover your source.

The Five Elements

The foundation of our Chuan Spa signature treatments is Traditional Chinese Medicine (TCM) and the five elemental forces of wood, fire, earth, metal and water. These life elements combined with your energy flow and the influence of hot and cold have great influence on your well-being. Spending a moment to complete a five element questionnaire at the beginning of your journey ensures your therapy addresses the imbalances of your life elements. Your selected element may change on a daily basis and is affected by what you eat, the seasons of the year as well as your bio-rhythms. Our range of five element essential oils and teas have been created exclusively and in consultation with professionals in Chinese Medicine and Naturopathy.

Product Ranges

Chuan Spa at The Langham Huntington, Pasadena features the finest product lines for men and women along with exclusive services that have been created especially for Chuan Spa to enhance your journey. Our partners include Kerstin Florian, HydraFacial MD®, HydroPeptide and more.

Fitness Center

Located adjacent to Chuan Spa is our Fitness Center with state-of-the art equipment including cardiovascular machines and strength machines, with a comprehensive range of free weights also available. The latest in audio/visual equipment allows you to enjoy your favourite music / channel while working out.

Locker Rooms

After your workout, retreat to our well-equipped locker room facilities to enjoy the hot tub, sauna, and steam room, or freshen yourself in the shower and vanity areas equipped with private lockers.

Chuan Experience

Chuan Scheduling

We highly recommend you book your treatment in advance to secure your preferred day and time. This can be done in person, over the telephone at (626) 585 6414, via email at tllax.spa@langhamhotels.com or on our website. Any change to a scheduled treatment booking time requires a minimum of 24 hours advance notice. Please arrive at least 30 minutes before your scheduled appointment time to check in and enjoy the facilities at Chuan. **A valid credit card and telephone number are required to reserve all treatments and packages.**

Cancellations

24-hour notice must be given to cancel or amend any reserved treatment. If less than 24 hours, the full treatment fee will be levied. In case of no-show, full treatment fee will be levied. All packages and products are non-refundable..

Chuan Gift Vouchers

The gift for all occasions. Gift vouchers are available for many of our treatments and packages. Please visit our website to purchase an e-voucher or contact our team to request a customized voucher.



Chuan Signature Massages

At Chuan, our massage therapies combine Traditional Chinese Massage techniques and private label blended oils to restore balance and harmony.

Chuan Neck, Back and Shoulder 30 min

Ideal for those who have limited time or a perfect add-on treatment to enhance your time with us. A deep acupressure oil massage focusing on the neck, back and shoulders.

Chuan Balancing 60 min or 90 min

This massage incorporates acupressure techniques which are well-known for their ability to release muscular tension and promote the circulation of the body's life force (Qi) to aid healing. Acupressure is an ancient art that uses mild pressure to stimulate the body's natural self-curative abilities.

Chuan Harmony 60 min or 90 min

Designed to stimulate meridian harmony, this unique mind, body and soul experience combines the therapeutic elements of acupressure with various relaxation massage techniques to induce a deep sense of calm. This full body oil massage stimulates a sense of well-being and relaxation.

Chuan Stone Therapy 90 min

Balance the yin and yang energies through the use of hot (yang) and cold (yin) stones. Let your body unwind as the hot stones increase body circulation and assist immune function by removing waste products. Finish with cold stones on the lower back to calm internal heat, assist injury recovery and increase mental alertness. The use of hot and cold stones are integrated in a therapeutic massage.

Massages

Custom Massage 50 min or 80 min

Fully customizable to meet your needs. Our expert therapists apply pressure ranging from light to firm, as well as draw upon a wide variety of modalities such as Swedish, Deep Tissue and Therapeutic.

Maternity Massage 50 min or 80 min

A light, gentle massage designed for mothers-to-be. This customized service relieves muscle aches, joint pain and helps reduce swelling.

Hot Stone Massage 50 min

Hot Stones will help to relieve your aches and pains, and rebalance your chakras, while your therapist expertly massages to further relax and release deep tension. The stones deeply warm your muscles and stimulate circulation. Hot stones also help to alleviate body aches, insomnia, stress, anxiety and can help relieve arthritic pain.

Chuan Recommended Enhancements

To complement our Massages, we recommend the following:

- Scalp Treatment
- Reflexology (additional 10 min)
- CBD Oil
- Muscle Relief Balm
- Aromatherapy



Chuan Signature Facial

Chuan Yu Facial 75 min

Ancient Gua Sha technique is applied to revitalize different skin types. Through stimulation on important meridian points, it increases the flow of body circulation. The use of Jade, known as healing stone, will nurture, heal and restore skin. Suitable for most skin types however not recommended for those with acne and very delicate skin.

Facials

Uplifting Power Facial 50 min or 80 min

This age defying facial begins by connecting your mind and skin. The treatment promotes healing, detoxification, reduced puffiness and improved circulation. Indulge with our Facial Massage to firm, lift and reduce the appearance of fine lines and wrinkles. Brighten and sculpt your face with the Patented Vitamin C Mask and our exclusive cryo-sculpting technique. You will leave this one-of-a-kind facial feeling renewed, radiant and uplifted in mind, body and spirit.

Anti-Wrinkle Facial 50 min or 80 min

A relaxing, no downtime treatment that provides luxury clinical results. Infuse skin with the restorative and uplifting benefits of peptides, growth factor activators, and proteins. Begin the treatment with a two-step peel that incorporates Vitamin C infused microdermabrasion crystals and a plumping activator to reveal fresh, glowing skin. A multi-tasking treatment mask purifies, while leaving skin firm and rejuvenated. Fine lines and wrinkles don't stand a chance with this signature age-defying treatment.

Cryo-Luxe Facial 50 min

This stimulating facial provides contrasting therapies to boost circulation and radiance. A potent peel erases fine lines, wrinkles, and rough textured skin. An instant cooling mask and cryo-sculpting treatment detoxifies and minimizes the appearance of pores while offering immediate firming and nourishment. Advanced peptides provide soothing, along with anti-aging benefits to promote a healthy glow.

Customized Back Treatment 50 min

Restore balance to the skin with the transformative experience. The Signature Deep Cleansing Back Facial begins with a gentle steaming process designed to lift all impurities from the skin. The cleansing step is followed by mineral infused exfoliation to renew the skins healthy glow. Extractions and a purifying mask assist in the elimination and prevention of breakout.

Facial Enhancements

The following can be incorporated into any facial as an upgrade:

- Eye Treatment
- Lip Treatment
- Renewing Neck and Décolleté Treatment

HydraFacial MD®

With visibly transformative results, HydraFacial MD® is the only hydradermabrasion treatment that simultaneously provides cleansing, exfoliation, extractions and hydration using results-oriented, proprietary serums filled with antioxidants, peptides and hyaluronic acid. This advancement in skinresurfacing technology combines the benefits of gentle, yet highly effective exfoliation and chemical peels into a multitasking resurfacing treatment that has made it the ultimate go-to rejuvenator for guests attending weddings, TV/Red Carpet appearances and special events. With immediate results, this non-invasive, nonsurgical process delivers instant rejuvenation with no discomfort or downtime.

Benefits:

- Reduces the appearance of wrinkles and fine lines, especially in the forehead, around the eyes, and mouth
- Enhances skin elasticity
- Improves skin texture
- Increases skin firmness

HydraFacial® Treatment 25 min, 50 min or 80 min

Also available in a series.



Chuan Signature Hand & Foot Therapies

Chuan Spa offers unforgettable hand and foot spa therapies. Relax while your feet and hands are pampered.

Chuan Healing Hands

60 min

Suppleness is restored to hard working hands with our warm oil and herbal salt exfoliation before the hands are wrapped in a nourishing mask. Your hands will feel completely pampered as we complete the treatment with a relaxing hand massage.

Chuan Feet Retreat

60 min

This refreshing treatment enhances circulation and enlivens tired and aching feet. Relax as we immerse your feet in a warm foot soak, before softening the skin with the warm oil and herbal salt exfoliation. A foot mask infused with peppermint is then applied to revitalize the feet. Integrating the benefits of Chinese pressure points to release tension and clear energy blocks, your feet will be completely refreshed and pampered.

Chuan Heavenly Jing Luo

90 min

This unique Chuan Signature foot treatment is designed to maintain a healthy equilibrium between mind and body by optimizing the blood and "Qi" flow, strengthening the immune system and promoting revitalization. With the use of Jing Luo acupressure techniques and reflex points, along with Traditional Chinese herbs and hot stones, this treatment helps aid in detoxification, induces deep relaxation and nourishes the skin.

Chuan Reflex Remedy

60 min

Drawing on reflex points and integrating Chinese pressure point principles, this extremity indulgence integrates acupressure points that will work to address the elemental disharmony of your feet and hands - leaving you feeling totally rejuvenated and aiding in natural healing throughout the body.

Chuan Signature Body Treatments

Chuan Muddy Elements

90 min

Integrating the five Chinese elements into five signature muds, this treatment is specifically designed to nurture you in a truly unique way. Your sensory journey will begin with a warm oil and herbal salt exfoliation to stimulate the skin. Relax as your entire body is enveloped in your elemental mud and wrapped, allowing the therapeutic elements and essential oils to infuse. Your stress will evaporate as your scalp is gently massaged and your face cleansed before we complete the treatment with a full body hydrating lotion.

Chuan Herbal Salt Scrub

30 min

Relax as a warm oil and herbal salt combination with ginger provide a deep cleansing treatment designed to exfoliate and revitalize the skin and body by enhancing circulation and aiding digestion.

Ginger Wrap

50 min

Alleviate body fatigue and tension with a delightfully aromatic ginger lime exfoliation followed by a nourishing coconut and argan oil wrap for complete hydration and relaxation.



Chuan Signature Escape Packages

Our Chuan Escape packages combine unique elements from both our Chuan Signature and Kerstin Florian treatments, to provide you with a range of timeless Chuan experiences.

Chuan Body Elements 90 min

Start by restoring balance and reducing tension with our signature Chuan Harmony massage. Then nourish the skin with the hydrating facial, a perfect escape to soothe the soul and restore vitality.

Chuan Tao of Detox 150 min

Enjoy a luxurious full body exfoliation to stimulate blood and lymph circulation before you are enveloped in a warm marine algae wrap infused with aromatherapy oils, intensifying the detox process. Then the body is rejuvenated as we ease tension in your back, neck and shoulders using an acupressure massage to release energy blocks. To finish, enjoy a customized facial to purify and rejuvenate the skin.

Chuan Serenity Shen 180 min

Your journey begins with our signature Chuan Stone Therapy Massage. Next, the ultimate facial awaits, with skin renewing aromatic oils to revitalize. The serenity is completed with a refreshing foot treatment. This total body treatment will transport you to a dreamy state of relaxation, nourishing the skin, soothing the soul and calming the mind.

Chuan Ritual 150 min

Chuan Signature Massage 60 min +
Customized Facial 60 min +
Chuan Extra Retreats 30 min

Select from:

Chuan Signature Massage: Chuan Harmony or Chuan Balancing

Chuan Extra Retreats: Chuan Herbal Salt Scrub or Chuan Mini Muddy Elements or Chuan Mini Feet Retreat

Chuan Signature Man

Chuan Man Maintenance Facial 60 min

Designed to meet a modern man's specific needs. A deep-cleansing, therapeutic facial relaxes the skin as it refines pores. Includes a luxurious massage and deep-cleansing masque. Specifically addresses sensitivity and razor burn.

Chuan Executive Indulgence 60 min

Relax as your hands and feet soak in warm water infused with essential oils, which are then exfoliated to soften the soles of the feet and rejuvenate hard working hands. Relaxation massage techniques are then used on the hands and feet to release tension and stress before a relaxing scalp massage. This extremity indulgence is designed to relax while bringing balance to your body.

Chuan Man's World 75 min

This treatment commences with a back exfoliation to help cleanse and replenish the skin leaving it revived and re-energized. Then follows a relaxation massage to release muscular tension and relax the body. The treatment concludes with a purifying facial cleanse specifically designed for a man's complexion.



How To Spa

Check In

When you arrive at Chuan you will be asked to complete a brief lifestyle elemental questionnaire to determine which treatments will best suit your needs. At this time please inform our Spa Concierge if you have any health concerns.

We recommend some time before your treatments to shower and enjoy the therapeutic benefits of our wet facilities – hot tub, steam room and sauna. While we will always try to accommodate your treatments, late arrival may mean a reduction in your treatments, late arrival may mean a reduction in your treatment time due to prior bookings.

Spa Etiquette

Mobile phones, while a necessary part of modern living, are not permitted in any of our treatment rooms or relaxation lounges. In all other areas, please be considerate of other guests and switch them to quiet or airplane mode.

Minimum Age

The Spa and the Fitness Center are only appropriate for guests 18 years and older.

Spa Wear

Our therapists are highly trained to be sensitive to your comfort and modesty at all times. Robes and slippers are provided for your comfort during your visit with us. Please deposit the robe and slippers in the locker room hamper at the conclusion of your visit.

Day Spa Guests

Day spa guests with a minimum spend of \$100 can enjoy the use of all of our facilities at Chuan Spa including sauna, herbal steam room, whirlpool.

Health

Please remember to drink fluids, especially water during and after your time at Chuan Spa. Gentleman should shave a few hours or more before any facial treatment to avoid discomfort. If you have enjoyed a body treatment we suggest you leave the oils on your skin for up to 2 hours before taking a shower so that your skin fully absorbs the oils' properties. If you are pregnant or have any other condition that you feel we should be aware of, please inform our Spa Concierge and your therapist. Our therapists are fully trained to ensure your treatments are some of the best you will experience. However, please inform them at any time if you are uncomfortable or require anything else during your treatment – pressure, room temperature, etc.

Note: "Treatment" refers to the services we provide, and does not refer to treatment of a disease or medical issue. Please consult a medical professional if you have any concerns.

Valuables

We recommend you leave valuables in your room or at home; we do not assume liability for any valuables.

Gratuities

Gratuities for good service are at the guest's discretion.

Others

Gambling, smoking & alcohol consumption within Chuan, the Fitness Center and the pool are strictly prohibited. Please refrain from drinking any alcoholic beverage 3 hours or less before your treatments. The therapist reserves the right to terminate the treatment if they feel the guest's behaviour is undesirable.

Spa Parties and Events

Bridal spa parties, as well as corporate and leisure events are available. Please contact the Chuan Spa for scheduling and more information.

The Langham Huntington, Pasadena

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