CEREALS AND DAIRY

Cornflakes 170kçal Rice Krispies 182 kçal Coco Pops 182 kçal Weetabix 162 kçal Special K 180 kçal Gluten free muesli 183 kçal Per bowl with fresh whole milk, Alternative milkş available	V	7
Fresh Farmhouse Yoghurts Plain or with fruit compóte	NGCI	7
Chia Seed Parfait Cocoa, almond milk, raspberries <i>288 kcal</i>	VE	10
Poached Quince Granola Greek yoghurt, crisp rice 234 kçal	V	10
Tiramisu Overnight Oats 370 kcal	VE	11
Classic Rolled Oat Porridge 226 kcal	V	10

SOURDOUGH BAGELS

Scottish Smoked Salmon Chive cream cheese, pickled red onion 397 kcal		20
Peppered Beef Pastrami Mustard, sweet dill pickle <i>449 kçal</i>		19
Mozzarella and Prosciutto Pesto, rocket <i>535 kçal</i>		18
Hass Avocado Roast cherry tomato, plant-based bacon 510 ƙcal	VE	18

SWEET All served with maple syrup and fresh berries		
Buttermilk Pancakes, Candied Pecans 638 kcal	V	21
Plant-Based Vegan Crêpes 240 kçal	NGCI	21
Brioche French Toast 570 kcal	V	21
Malted Buttermilk Waffle 533 ksal	V	21

Hotel guests with an inclusive breakfast package are welcome to help themselves to our continental breakfast buffet selection and choose any dish from our menu below.

Enhance your breakfast with	Glass	Bottle
Taittinger Brut Champagne	20	125
Taittinger Rosé Champagne	24	150
Bloody Mary	19	
Bellini	19	
Mimosa	16	

THE LANGHAM BREAKFAST SIGNATURES

Turkey bacon

The Langham Full English Breakfast Two Cornish eggs any style, Cumberland sausages, thick-cut bacon, Stornoway black pudding, grilled vine tomatoes, field mushrooms, baked beans, toast <i>1076 Rcal</i>	32
The Langham Full English Vegan Breakfast Plant-based sausages, Hass avocado, grilled vine tomatoes, field mushrooms, plant-based bacon, baked beans, toast <i>1016 Rcal</i>	V 32
The Langham Lobster Breakfast	48
Lobster Thermidor omelette, avruga caviar 792 kcal	
Inclusive breakfast supplement	13
ADDITIONAL SIDES	7
Halloumi V 414 kcal Hass avocado VE 315 kcal Chicken sausages 260 kcal Plant-based bacon VE 1 Plant-based sausages VE 191 kcal Hash browns 326	-

A LA CARTE

Scottish Smoked Salmon, Avruga Caviar Scrambled free-range eggs 559 kçal Scrambled egg whites 505 kçal	24
Mushrooms on ToastVEOyster mushrooms, spinach, chives, Marmite sourdough toast 223 kçal	20
Crushed Hass Avocado, Roast Vine Tomatoes VE On seeded sourdough toast 310 kcal Add poached free-range eggs 238 kcal	24 4
Add streaky bacon 101 kcal	4
Congee Rice PorridgeVPreserved vegetables, peanut, mini yutiao, salted egg, spring onion, crispy chilli oil 286 kcal	19
Turkish EggsVPoached eggs, labneh, espelette pepper, toastedsourdough 405 kcal	19
Two Free-Range Cornish Eggs Served any StyleVYour choice of poached 238 kcal, fried 331 kcal,scrambled 284 kcal, or boiled 143 kcal	14
Three Egg OmeletteNGCIYour choice of button mushrooms, cheese, peppers, tomato, onion, ham or fine herbs 373 kcal	22
Three Egg Omelette, Button Mushrooms, Feta, MGCI Tarragon, Lemon Zest 310 kcal	24
Eggs Benedict Toasted English muffin, peppered roast ham, poached eggs, hollandaise sauce 701 kcal	27
Eggs Royale Toasted English muffin, Scottish smoked salmon, poached eggs, hollandaise sauce, avruga caviar <i>717kçal</i>	28
Eggs Florentine Toasted English muffin, spinach, poached eggs hollandaise sauce <i>680 kçal</i>	26

At The Langham, London, we source our ingredients from sustainable suppliers whenever possible. The team is proud to work with our local purveyors to bring you the highest quality product.

V : Vegetarian VE : Vegan NGCI : Non-gluten containing ingredients Chuan Spa 🛃 is pleased to bring you a selection of exciting healthy dishes in this menu designed to revitalise and energise. These dishes have been specially created in conjunction with the British Association of Nutrition and Lifestyle

All prices are inclusive of VAT. A discretionary 12.5% service charge will be added to your bill.

| If you have any food allergies or intolerances, please let a member of our team know so that we can provide you with ingredient information to make a safe choice. As allergens are present on site and some of our ingredients have 'may contain' warnings, we cannot guarantee menu items will be completely free from a specific allergen.

Adults need around 2000 kcal a day.

HOT / COLD BEVERAGES

Coffee by Workshop Americano / Iced Americano 1 kcal Cappuccino 101 kcal Caffè Latte / Iced Caffè Latte 102 kcal Flat White 96 kcal

Espresso 1 kcal / Double Espresso 1 kcal Hot chocolate 145 kcal

Loose Leaf Tea by JING

JING teas are ethically sourced directly from single tea gardens, enabling farmers and their environments to thrive.

7

7

English Breakfast 1 kcal Earl Grey 1 kcal Jade Sword Green 1 kcal **Peppermint** 1 kcal Chamomile 1 kcal **Rooibos** 1 kcal

FROM THE JUICE BAR

Please help yourself to our juice and smoothie selection at the buffet

Cold-Pressed Juice

Orange 104 kcal Pink Grapefruit 93 kcal Cloudy Apple 115 kcal Cranberry 49 kcal Carrot 65 kcal

Green Juice

Apple, Cucumber, Pear, Avocado, Rocket, Lime, Mint, Vitamin C 94 kcal

Smoothie of the Day

Please ask your server for today's special

Water

Kingsdown Still & Sparkling 330ml	5
Kingsdown Still & Sparkling 750ml	7