

## CEREALS AND DAIRY

Cornflakes 170 <i>kcal</i> Rice Krispies 182 <i>kcal</i>	V	7
Coco Pops 182 <i>kcal</i> Weetabix 162 <i>kcal</i>		
Special K 180 <i>kcal</i> Gluten free muesli 183 <i>kcal</i>		
<i>Per bowl with fresh whole milk, Alternative milks available</i>		
<b>Fresh Farmhouse Yoghurts</b>		7
Plain or with fruit compôte		
<b>Chia Seed Parfait</b>	VE	10
Cocoa, rice milk, raspberries 288 <i>kcal</i>		
<b>Poached Quince Granola</b>	V	10
Greek yoghurt, crisp rice 234 <i>kcal</i>		
<b>Tiramisu Overnight Oats</b> 370 <i>kcal</i>	VE	11
<b>Classic Rolled Oat Porridge</b> 226 <i>kcal</i>	V	10

## SOURDOUGH BAGELS

<b>Scottish Smoked Salmon</b>		20
Chive cream cheese, pickled red onion 397 <i>kcal</i>		
<b>Peppered Beef Pastrami</b>		19
Mustard, sweet dill pickle 449 <i>kcal</i>		
<b>Mozzarella and Prosciutto</b>		18
Pesto, rocket 535 <i>kcal</i>		
<b>Hass Avocado</b>	VE	18
Roast cherry tomato, plant-based bacon 510 <i>kcal</i>		

## SWEET

All served with maple syrup and fresh berries

<b>Buttermilk Pancakes, Candied Pecans</b> 638 <i>kcal</i>	V	21
<b>Plant-Based Vegan Crêpes</b> 240 <i>kcal</i>		21
<b>Brioche French Toast</b> 570 <i>kcal</i>	V	21
<b>Malted Buttermilk Waffle</b> 533 <i>kcal</i>	V	21

## Inclusive Breakfast

Enjoy our continental Buffet, a choice from our A La Carte menu, fresh juice and hot beverage

<i>Enhance your breakfast with</i>	<i>Glass</i>	<i>Bottle</i>
<b>Laurent-Perrier La Cuvée NV</b>	24	125
<b>Laurent-Perrier Rosé</b>	35	170
<b>Bloody Mary</b>	19	
<b>Bellini</b>	19	
<b>Mimosa</b>	16	

## THE LANGHAM BREAKFAST SIGNATURES

<b>The Langham Full English Breakfast</b>		32
Two Cornish eggs any style, Cumberland sausages, thick-cut bacon, Stornoway black pudding, grilled vine tomatoes, field mushrooms, baked beans, toast 1076 <i>kcal</i>		
<b>The Langham Full English Vegan Breakfast</b>	V	32
Plant-based sausages, Hass avocado, grilled vine tomatoes, field mushrooms, plant-based bacon, baked beans, toast 1016 <i>kcal</i>		
<b>The Langham Lobster Breakfast</b>		48
Lobster Thermidor omelette, avruga caviar 792 <i>kcal</i>		
<i>Inclusive breakfast supplement</i>		13

## ADDITIONAL SIDES

Halloumi V 414 <i>kcal</i> Hass avocado VE 315 <i>kcal</i>		7
Chicken sausages 260 <i>kcal</i> Pork sausages 270 <i>kcal</i> Plant-based bacon VE 159 <i>kcal</i> Plant-based sausages VE 191 <i>kcal</i>		
Hash browns 326 <i>kcal</i> Turkey bacon 146 <i>kcal</i> Crispy Bacon 202 <i>kcal</i> Back Bacon 211 <i>kcal</i>		

**Continental Breakfast £32**  
Enjoy our Continental Buffet, fresh juice and hot beverages

## The Langham Breakfast £42

Enjoy our continental Buffet, a choice from our A La Carte menu, fresh juice and hot beverage

## A LA CARTE

<b>Scottish Smoked Salmon, Caviar</b>		24
Scrambled free-range eggs 559 <i>kcal</i>		
Scrambled egg whites 505 <i>kcal</i>		
<b>Mushrooms on Toast</b>	VE	20
Oyster mushrooms, spinach, chives, Marmite sourdough toast 223 <i>kcal</i>		
<b>Crushed Hass Avocado, Roast Vine Tomatoes</b>	VE	24
On seeded sourdough toast 310 <i>kcal</i>		
Add poached free-range eggs 238 <i>kcal</i>		4
Add streaky bacon 101 <i>kcal</i>		4
<b>Congee Rice Porridge</b>	V	19
Preserved vegetables, peanut, mini yutiao, salted egg, spring onion, crispy chilli oil 286 <i>kcal</i>		
<b>Turkish Eggs</b>	V	19
Poached eggs, labneh, espelette pepper, toasted sourdough 405 <i>kcal</i>		
<b>Two Free-Range Cornish Eggs Served any Style</b>	V	14
Your choice of poached 238 <i>kcal</i> , fried 331 <i>kcal</i> , scrambled 284 <i>kcal</i> , or boiled 143 <i>kcal</i>		
<b>Three Egg Omelette</b>		22
Your choice of button mushrooms, cheese, peppers, tomato, onion, ham or fine herbs 373 <i>kcal</i>		
<b>Three Egg Omelette, Button Mushrooms, Feta, Tarragon, Lemon Zest</b>		24
310 <i>kcal</i>		
<b>Eggs Benedict</b>		27
Toasted English muffin, peppered roast ham, poached eggs, hollandaise sauce 701 <i>kcal</i>		
<b>Eggs Royale</b>		28
Toasted English muffin, Scottish smoked salmon, poached eggs, hollandaise sauce, caviar 717 <i>kcal</i>		
<b>Eggs Florentine</b>		26
Toasted English muffin, spinach, poached eggs hollandaise sauce 680 <i>kcal</i>		

## HOT / COLD BEVERAGES

7.5

**Coffee by Workshop**, Sustainably Sourced  
Americano / Iced Americano 1 *kcal*  
Cappuccino 101 *kcal*  
Caffè Latte / Iced Caffè Latte 102 *kcal*  
Flat White 96 *kcal*  
Espresso 1 *kcal* / Double Espresso 1 *kcal*  
Hot chocolate 145 *kcal*

## Loose Leaf Tea by JING

*JING teas are ethically sourced directly from single tea gardens, enabling farmers and their environments to thrive.*

**English Breakfast** 1 *kcal*

**Earl Grey** 1 *kcal*

**Jade Sword Green** 1 *kcal*

**Peppermint** 1 *kcal*

**Chamomile** 1 *kcal*

**Roibos** 1 *kcal*

## FROM THE JUICE BAR

7

*Please help yourself to our juice and smoothie selection at the buffet*

## Cold-Pressed Juice

Orange 104 *kcal* Pink Grapefruit 93 *kcal*  
Cloudy Apple 115 *kcal* Cranberry 49 *kcal* Carrot 65 *kcal*

## Green Juice

Apple, Cucumber, Pear, Avocado, Rocket, Lime, Mint, Vitamin C 94 *kcal*

## Mixed Berries & Coconut Smoothie

150 *kcal*

## Water

Kingsdown Still & Sparkling 330ml	5
Kingsdown Still & Sparkling 750ml	7

At The Langham, London, we source our ingredients from sustainable suppliers whenever possible. The team is proud to work with our local purveyors to bring you the highest quality product.

V : Vegetarian VE : Vegan

Chuan Spa is pleased to bring you a selection of exciting healthy dishes in this menu designed to revitalise and energise. These dishes have been specially created in conjunction with the British Association of Nutrition and Lifestyle

| All prices are inclusive of VAT. | A discretionary 12.5% service charge will be added to your bill.

| Please kindly inform a member of staff if you have a food allergy, intolerance, or coeliac disease before ordering. Whilst we do take care to avoid cross-contamination to cater safely for all guests, all dishes are prepared in our kitchens and may contain traces of other ingredients. Some of our cheeses are unpasteurised and should be avoided by pregnant or immunocompromised customers. Please ask to speak to a manager if you require further information.

| As allergens are present on site and some of our ingredients have 'may contain' warnings, we cannot guarantee menu items will be completely free from a specific allergen.

| Adults need around 2000 kcal a day.